



Guide to Homemade Masks

In line with orders from Governor Wolf and the Pennsylvania Department of Health, public transit riders are required to wear a mask. This applies to all ACCESS trips. Masks can be homemade—they do not need to be medical grade.

Remember the saying, “my mask protects you, your mask protects me.” Masks can slow the spread of germs and prevent individuals from touching their face and spreading germs further. Read below to learn how to make a homemade mask:

No-Sew Bandana Face Covering:

From Centers for Disease Control:

<https://www.cdc.gov/coronavirus/2019-ncov/downloads/DIY-cloth-face-covering-instructions.pdf>

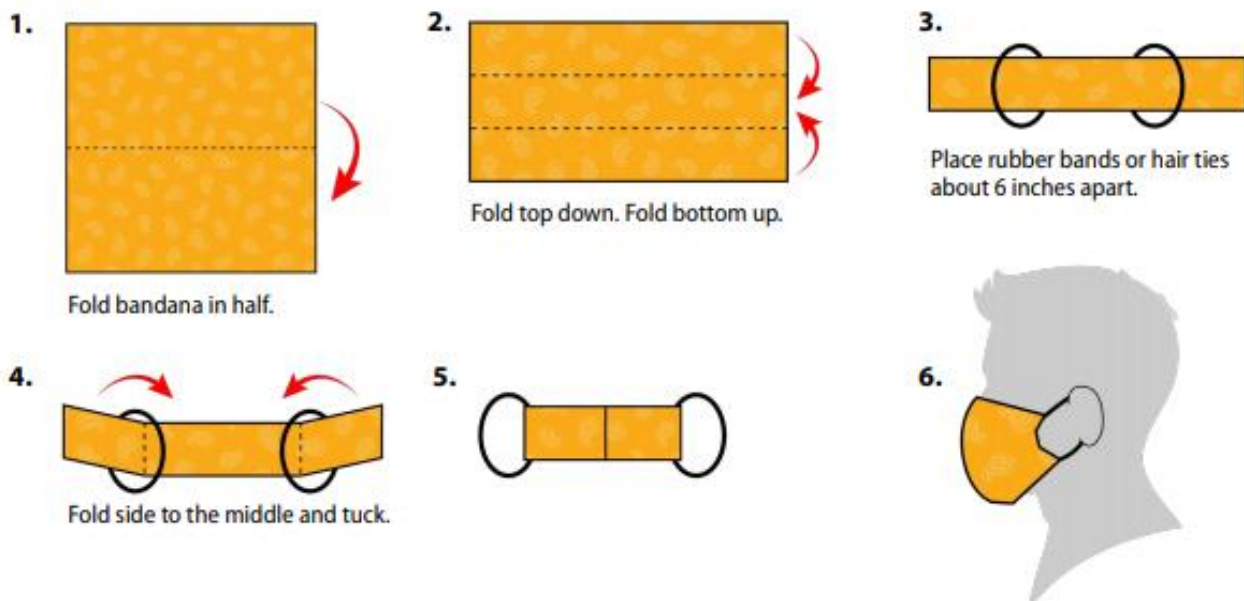
Materials:

- Bandana (or square cotton cloth approx. 20 x 20 inches)
- Rubber bands or hair ties

Instructions:

- Fold the bandana in half
- Fold the top down, and the bottom up (like you would fold a letter)
- Place rubber bands or hair ties about 6 inches apart around the bandana
- Fold the two sides into the middle and tuck
- Place the mask against your mouth and nose, and the elastic bands around both ears.

Tutorial



4/20/2020

No-Sew T-Shirt Method:

From Centers for Disease Control:

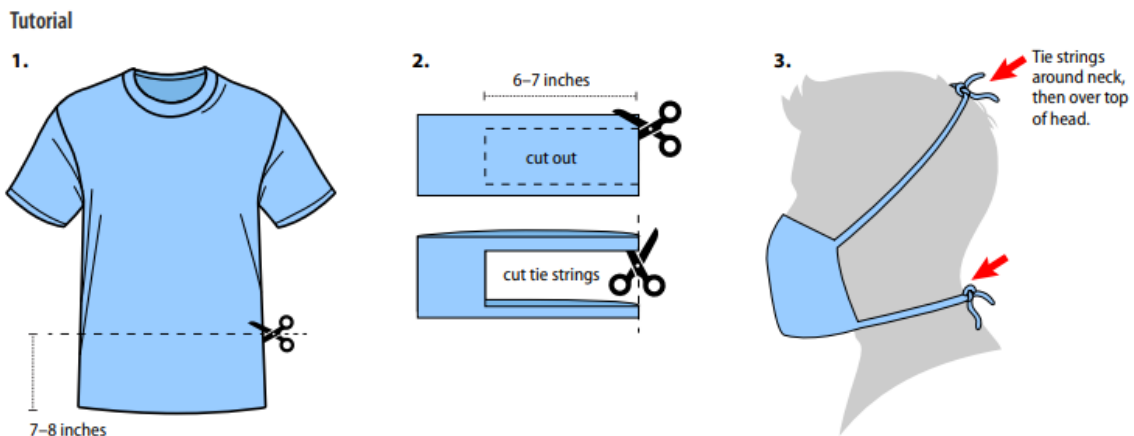
<https://www.cdc.gov/coronavirus/2019-ncov/downloads/DIY-cloth-face-covering-instructions.pdf>

Materials:

- Cotton T-Shirt
- Scissors

Instructions:

- Cut 7-8 inches off the bottom of the t-shirt
- Create strings to tie by cutting 6-7 inch small rectangles from strip of fabric on either end, leaving enough fabric to create strings
- Tie strings behind your head and at the neck



Sewing Method:

From Pennsylvania Department of Health:

<https://www.health.pa.gov/topics/Documents/Diseases%20and%20Conditions/Homemade%20Mask%20Guide.pdf>

Materials:

- Fabric (100% cotton is most effective)
- Fabric ties
- Scissors
- Sewing machine or needle and thread

Instructions:

- Measure and cut two pieces of fabric in a rectangle pattern to fit snugly around the face (size 12 inches by 6 inches is standard for adults)
- Tightly sew both layers together on all edges
- Cut fabric ties to fit around the ears
- Sew the ties to the insides of the mask on the smaller edge, repeat on both sides
- Resew the sides to ensure a tight seal between both pieces of fabric and the earpiece